



NOVEMBER 2023 HACKETTSTOWN

** Please join us for lunch immediately after at 12pm!



MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		ZUMBA WITH SANDY 11am	TAI CHI 11am	YOGA WITH LIZ 11am
6	7	8	9	10
Kim & Liz 11am 	Holiday Closed 	ZUMBA WITH SANDY 11am	TAI CHI With Elis Benefits of Pre Planning with Eric Schneider Newbaker Funeral Home 11-12 noon Blood pressure screenings	 VETERANS DAY Holiday Closed
13	14	15	16	17
A Better You A Better Tomorrow 11am		ZUMBA WITH SANDY 11am	TAI CHI 11am	YOGA WITH LIZ 11am
20	21	22	23	24
Rutgers Nutrition Education		ZUMBA WITH SANDY 11am	Holiday Closed 	 Holiday Closed
27	28	29	30	
creaturecomfort PET THERAPY cold noses warming hearts		ZUMBA WITH SANDY 11am	TAI CHI 11am Birthday Celebrations 	